

ART CATALOG
DR. MAXINE MCLEAN
Designer/Artist

Serious inquiries only.

Creating Art With

Gratitude



**INFLUENCED
BY MY
JAMAICAN
ROOTS**

Luminous art using precise brush stroke techniques, symbols, and crystals creates an incredible ambiance of serenity. While still radiating lively vibrancy - garnering praise from several art critics.

APPRAISER'S CERTIFICATION

I certify that, to the best of my knowledge and belief:

1. The statements of fact contained in this report are true and correct.
2. The reported analyses, opinions, and conclusions are limited only by the reported assumptions and limiting conditions and are my personal, impartial, and unbiased professional analyses, opinions, and conclusions.
3. I have no present or prospective interest in the property that is the subject of this report and no personal interest with respect to the parties involved. I have not previously sold the appraised material.
4. I have performed no services, as an appraiser or in any other capacity, regarding the property that is the subject of this report within the three-year period immediately preceding acceptance of this assignment.
5. I have no bias with respect to the property that is the subject of this report or to the parties involved with this assignment.
6. My engagement in this assignment was not contingent upon developing or reporting predetermined results.
7. My compensation for completing this assignment is not contingent upon the development or reporting of a predetermined value or direction in value that favours the cause of the client, the amount of the value opinion, the attainment of a stipulated result, or the occurrence of a subsequent event directly related to the intended use of this appraisal.
8. My analyses, opinions, and conclusions were developed, and this report has been prepared, in conformity with the *Canadian Personal Property Appraisers Group*.
9. I have made a personal inspection of the property that is the subject of this report.
10. No one provided significant personal property appraisal assistance to the person signing this certification.

Julianne Fleming C.P.P.A.
Appraiser



RISE

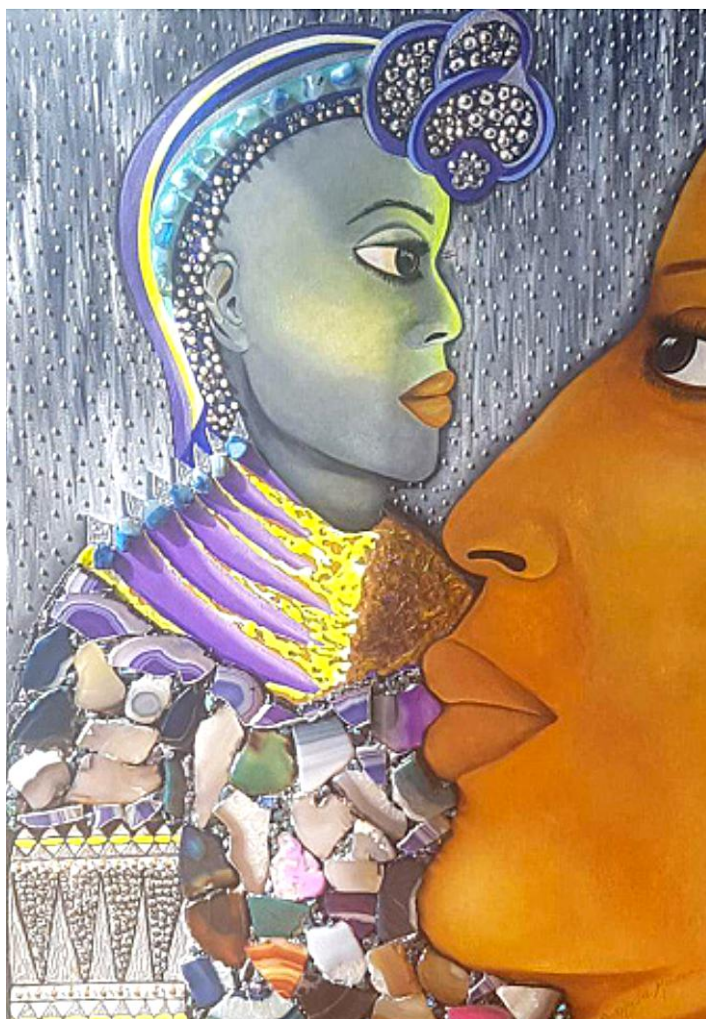
size: 25" x 19"

Appraisal value of:

\$5,000,000

Five million dollars

Where there is sadness, **RISE**; where there is darkness, **RISE**. Where there is oppression, **RISE**; where there is unforgiveness, **RISE** and where there is poverty, pain, and suffering, let's help each other to **RISE**. *Incredible!*



There I was again, sharing space
with **HUMILITY** and **GRATITUDE**.



In this artwork, I see a reflection of human vulnerability, strength, confidence, humility, innocence, and surrender. The interplay of emotions creates a unique clarity, resonating with vibrational wealth and healing attributed to the natural frequencies carried by the embedded crystals. Crafted with an acrylic base and textured with healing stones and Swarovski crystals, it weaves a tapestry of emotional depth and energetic resonance.



BELIEVE

Appraisal value of:

\$250,000

Two hundred and fifty thousand dollars

size: 60" x 29.50"

Acrylic paint, textured with 18 karat gold leaf overlay.



Maxine's Art has been featured on CHCH Morning Live and in various Galleries throughout Canada.



HIBISCUS TOUCH 4

Appraisal value of:

\$25,000

Twenty five thousand dollars

size: 16" x 20"



PETAL EMBRACE

Appraisal value of:

\$55,000

Fifty five thousand dollars

size: 16" x 20"



HIBISCUS TOUCH I

Appraisal value of:

\$25,000

Twenty five thousand dollars

size: 30" x 29.75"

A remarkable piece designed with Hibiscus blooms, bearing the energy of the plant. Beautifully painted with acrylic medium and creatively accented with Swarovski crystals, amethyst gems and lepidolite stones.

A great piece for your wall!

METAMORPHOSIS

Appraisal value of:

\$200,000

Two hundred thousand dollars

size: 38.50" x 32.75"

An illustration of subtle yet definable shifts in our human experiences; at times, we need to remain quiet and segue to our cocoon state; other times, we wish to surge power and fly like a butterfly.



About my **Artwork**

“With each piece of art, I aspire to capture originality, feelings of warmth, calm, freedom, and adventure. In each piece, I hope to evoke the imagination of my admirers and translate the sentiment that they can dream, play, relax, heal, and create their safe space within crevices of my art.”



Emotive and meaningful.



TEAR DROP

Appraisal value of:

\$75,000

Seventy five thousand dollars

size: 40” x 30”

An interplay of emotions that justifies the release of tears, happy or sad - and any human expresses this: painted and intricately woven in acrylic medium and gold leaf painting.



HIBISCUS TOUCH

Appraisal value of:

\$25,000

Twenty five thousand dollars

size: 28” x 22.75”

A remarkable piece designed with Hibiscus blooms, bearing the energy of the plant. Beautifully painted with acrylic medium and creatively accented with Swarovski crystals, luminous gems, and lepidolite stones.

Unique and colourful.



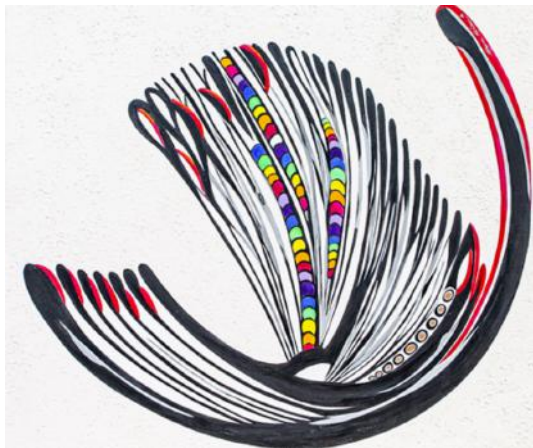
UNPREDICTABLE JOURNEY

\$90,000

Ninety thousand dollars

size: 44" x 44"

Reflecting on our human significance - we are from different cultures, countries, colors, likes, and dislikes on a journey that will one day end - and no amount of money, gold, or prestige will or can rescue us.



ENERGY BLISS

Appraisal value of:

\$45,000

Forty five thousand dollars

size: 34" x 33.75"

This piece exhibits a colourful rhythmic joy that transcends beyond the sphere of our existence. The structure of designed with acrylic colours and textured with 18 karat gold leaf.



SYNERGY OF COLOURS *3 piece set*

Appraisal value of:

\$300,000

Three hundred thousand dollars

sizes: 39" x 24.50"
39" x 38"

A beautiful depiction of the ebb and flow of life; we are physical - energetic, and spiritual beings. Our energy is of the earth, the water, the plants, and the vast abundance of the Universe. Done in acrylic medium and very lightly accented with few Swarovski crystals.



CONSOLING LOVE

\$25,000

Twenty five thousand dollars

size: 25" x 25"

Love, a powerful emotion that needs no explanation, no excuses and no apology.

INTERNAL GLOW

Appraisal value of:

\$1,700,000

One point seven million dollars

size: 34.50" x 41.25"

This sensational piece depicts the glow from within that ignites the spark from whence we journey. It is created in acrylic medium with over 30 thousand Swarovski crystals and 18 karat gold leaf.



"When I walked into Dr. McLean's office, I was impressed with the vibrancy of her art selection, they are just so alive! I could see resemblance of the Fibonacci symbols throughout her art...Great work!" - Ivan B. Toronto, ON.



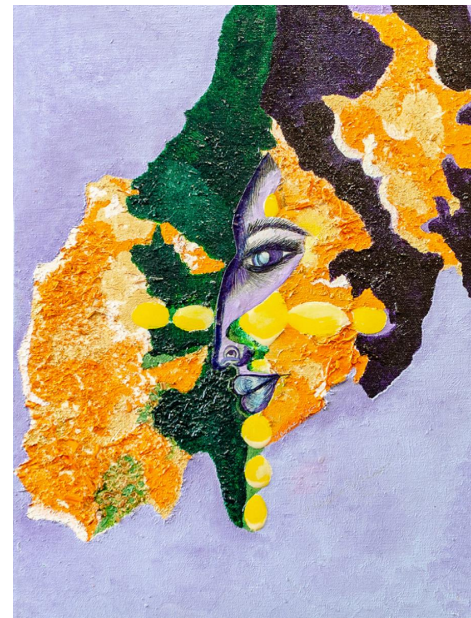
PROMISE

\$45,000

Forty five thousand dollars

size: 39" x 24.50"

Designed to set the intention of unconditional love for our universe and humanity, in spite of life's' strides that impacts our emotional and physical wealth. The colours are stunning, beautifully painted with acrylic medium and accented with streaks of 18 karat gold leaf.



RHYTHMIC LOVE

\$9,000

Nine thousand dollars

size: 24' x 24

The structure of designed with acrylic colours and textured with acrylic.

Make your walls look exquisite. Display Maxine's art in your home.

Serious inquiries only.

This catalog does not represent Maxine's complete extraordinary collection of artwork. Please feel free to contact Maxine for viewing, pricing, sizes and descriptions of the pieces not included here: maxine@gratitudekeeper.com



SUMMER JEWEL

\$50,000

Fifty thousand dollars

size: 56" x 32.5"



LEAF LOVERS

\$250,000

Two hundred and fifty thousand dollars

size: 56" x 32.5"

IMPERVIOUS ENERGY

Appraisal value of:

\$250,000

Two hundred and fifty thousand dollars

size: 56" x 38.25"

An interplay of hearts that perpetually discover ways to heal. Acrylic paint, textured with gold leaf.





WILD

\$125,000

One hundred and twenty five thousand dollars

size: 39" x 24.50"

Acrylic paint, textured with gold leaf.



ILLUSIONARY BOUNDARIES

Appraisal value of:

\$45,000

Forty five thousand dollars

size: 36" x 24"

Designed with acrylic colours and texture.

Reviews

"I love and admire the beauty, relaxation, and healing that I receive from just watching Maxine paint... to her final production; using acrylic medium and integrating diverse textures - just incredible!" - Nicole S.

"When admiring Maxine's Art, I do recognize a soothing, yet effervescent feel. Her brush strokes marks an incredible flow of authenticity. Her original works of art skillfully blended colours and lines reveals the most beautiful and unique creations." - Erica W. - Niagara

My Avant-Garde

Story



I am a self-taught, intuitively inspired artist. I began painting at a late age, still with enough time to appreciate and share in the vast arts arena with many extraordinary artists. Born in the sun-kissed Caribbean island Jamaica, I grew up in a little village, nestled in the foothills of tropical beauty; Coley Mountain is the name. It was in the early 70s; there was no social media, no Internet, no home telephone, no cellphones, no electricity, no piped water. Nevertheless, I relished the joy of waking up to the most breathtaking sunrises. I ate from different fruit trees: each one blessed with a distinct kind of fruit, colour, aroma, size, texture, and taste: luscious and all so divinely good! I recall early morning risings, awakened by the boastful rhythmic sounds of roosters and breathing flagrantly fresh air spiced with a whiff of roasted coffee. I remember walking barefoot through the dewy fields, witnessing the gentle caresses of the cool morning breeze. I am grateful to have experienced nature's splendours early in life, the different and vibrant displays of colours, artistic forms of people, and live wildlife beauties. I indulged in these things with absolutely no inclination or imagery that this experience would serve as the perfect mapping to my inspirations for art years later.

So, let's take you to my dining table in Canada during the early 1980s where this art escapade came to fruition.

Many evenings, I would set the ambiance of tranquility with candlelight and cuddle in cozy blankets to read stories to my children. Their favorite line was "one more story mommy -pleasssse." My limit was three. After tucking them in bed, it was my time: time to sit and reflect, give thanks that we had made it through another day. But one evening I recall quite vividly seeing a beautiful scene that unknowingly was about to transform me.

After tucking my children in bed, I curled up on the couch to deliberate another day, feeling so peaceful. As I sat quietly, the corner of my eye picked up a beam of light – beautiful! – I thought.

In the eerie shadow of the night, the light of the moon streaked a warming light across the kitchen and in that particular corner of my living room: soft colours – the perfect accent. The creative display of lights and shadows held my gaze for quite some time, inspiring me to do something different. I got up with a burst of energy, pulled out my children's storybooks, scanned through, and found pictures that I challenged myself to sketch and paint. That night, I spent hours painting those images on rocks, which I had picked up earlier on the beach during my walk with the kids. I painted until dawn. It was my first experience painting -aha! - I had a proud sense of accomplishment. They looked fantastic! I was inspiringly smitten; this was the spark that paved my journey into the arena of art.

One day I stopped using pictures to guide what I would draw or paint; staring at the blank canvas before me, I found myself at a loss.

I didn't know what to place there, and no colours or forms were coming to me – nothing. Sometimes weeks went by with

mesmerizing episodes of what do I paint? Then, the realization became apparent that I should strive to be original and unique and not try to put a twist on someone else's work. So now what! What will I paint?

Not too long after all that pondering, I was inspired to create a mother and child series. I couldn't imagine how to get started, so I prayed for guidance and inspiration. Sure enough, I got a surge of ideas that I sketched onto canvas. Before completing the series, I noticed that I enjoyed a familiar feel and freedom with the brushes and my sketching; though my creative flow appeared abstract, I loved it! I spent long hours immersed in painting, using acrylic media, and integrating diverse textures, sometimes working on three or four canvases simultaneously. My husband, an avid admirer of my work, would share his bright ideas, "Just focus on completing one," he would say. Aha! I responded: The ideas and images are flowing fast, I must get them on canvas, or a rock.

When I wasn't seeing patients at my office, I would spend time walking the beach front in Hamilton, Ontario, to handpick rocks from the water and the sand; it was an exhilarating experience. I would paint on these rocks, build images with them, and immerse myself in the creative flow of ideas. But what haunted me most were thoughts of how to categorize my art and how to explain it. The frequently asked questions about my art were, what is it? What does it mean?

As life would have it, a breakthrough came one day.

While visiting a neighbour, I shared a few of my art images and sketches. The conversation veered to the question, "Have you ever heard of crop circles?" Well – no. "What is that I asked?" They continued to explain; I listened with great intrigue. When it was all said and done, I felt physically charged and emotionally relieved. Charged and relieved that the conversation resolved

that bit of anguish that had been silently lingering within me of how to explain my art. Consequently, I realized most of all that in viewing my art, the only answer to those burning questions were is - it is what your imagination conceives it to be, and perspective is the key to the flight and boundaries of your imagination.

I evoke inspiration from nature, quiet time in prayer, meditation, and the sun-kissed colourful vibrations of nature as my colour guide. My time spent delving into painting is very intriguing and always refreshed. I eyeball each piece of art as an adventure, and I labour to transcend feelings of warmth, calm, freedom, love, and light. I love and admire the beauty along with the relaxation and healing that I witness from it. I am immensely grateful!

I stand in awe and gratitude for the transformative power it bestows upon those who engage with each piece.

Sincerely Maxine





Maxine McLean PhD, IMD, DHS, HOM
Author, Inventor, Designer, Humanitarian, Healer, Artist

Dr. McLean is a certified homeopath and holds a doctorate in integrative medicine and a doctorate level membership of humanitarian medicine with the World Health Organization of Natural Medicine. Currently, Dr. McLean conducts speaking engagements in gratitude and her work in the development of the Gratitude Keeper®. She is a certified meditation facilitator and has engaged many clients in personal therapy of the mind, body, and soul, thereby healing lives delivering a wealth of knowledge and years of experience to the stage, successfully delivering engaging and information-packed presentations. She is well-known for her active role in providing clean water to thousands of people in remote parts of the world. Also, Dr. McLean is inspiring, an accomplished artist, author, and designer of Gratitude Keeper®.

Recipient of Canada's 100 Black Women to Watch 2019 award
Recipient of the Eminence Award for Humanitarian work

www.maxinemclean.com
[@drmaxinemclean](https://www.instagram.com/drmaxinemclean)
maxine@gratitudekeeper.com



Each person has a story, and each has a journey that's specific to their uniqueness. Never criticize another persons journey, you had nothing to do with the unique mapping of their fingerprints.

- Dr. Maxine McLean